

We're supporting better mental health in Bury

Family fun day

The Green Cafe, Clarence Park, Walmsley Road, Bury

Sunday 8 October, 11am to 2pm

FREE
entry

Reach out and lift your wellbeing

**Try all these
FREE activities**

**FREE
refreshments**

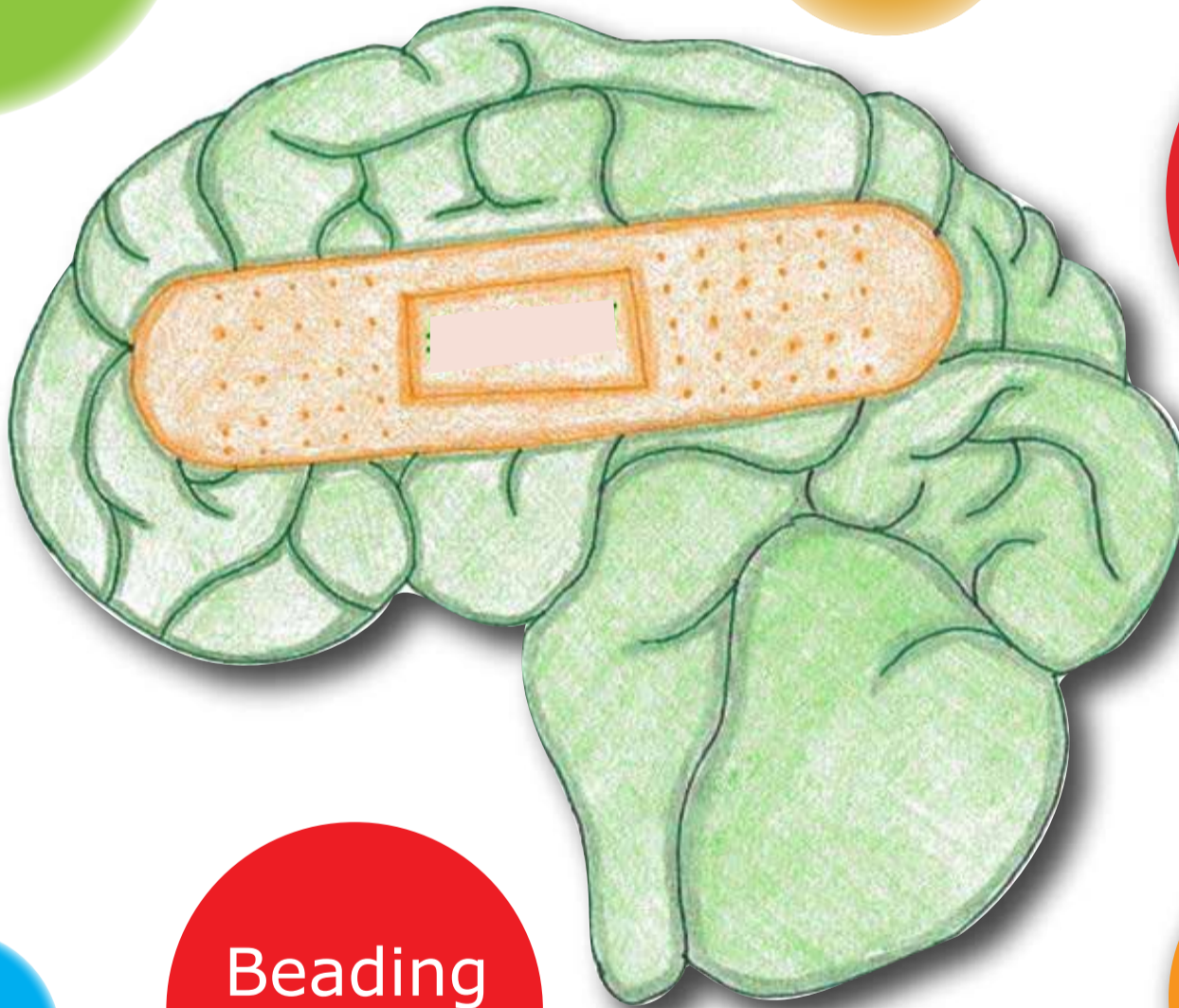
Tree
planting
ceremony with
the Mayor of
Bury at 1pm

Treasure
hunt

Selfie
board

Wheels
for all
adapted cycle
sessions

Zumba-
licious



Poetry
readings

Balloons

Community
bingo

Bubbles

Beading
buddies

Sand
art

We are hosting a week of wellbeing events

Find out more at www.theburydirectory/MHAW17

 @burycouncil

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SupportiveStem
financial support that changes lives


SURVIVING OR
THRIVING?



**Team
Bury**

Working Together For A Better Bury